

Grill'd

MEAT FREE MENU

ALL OUR BURGERS
LOW SUGAR

CHOOSE YOUR BUN

Low Carb SuperBun + \$1.5

Make any burger low carb (LC) on a Low Carb SuperBun. It'll have less carbs than a single sushi roll!* (excluding Veggie range) Gluten, Grain & Dairy Free. Contains nuts & eggs.

Panini or Traditional

Our artisan buns are delivered fresh daily. Sugar Free & Preservative Free.

*Gluten Free Bun + \$1.5

Refined Sugar Free & Preservative Free. *Gfr menu items are Gluten-friendly on a *Gluten Free Bun.

BEYOND BURGERS NEW

The Beyond Burger is a plant based burger free from soy, gluten & GMO's

Beyond Simply Grill'd / 2980kJ

w/ Salad relish & herbed mayo LC DF
add tasty cheese + \$1.5

Beyond Garden Goodness / 3670kJ

w/ Beetroot, tasty cheese, avocado, salad, relish & herbed mayo LC *Gfr

Beyond Chipotle / 3620kJ

w/ Jalapeños, chipotle mayo & salad LC DF

 Make it vegan upon request



SALADS

All salads available with a Beyond pattie + \$3.0

Summertime Salad / 1490kJ

Asian style carrot & cucumber slaw with Spanish onion, coriander, chilli, mint & cherry tomatoes, sprinkled with roasted coconut flakes, chopped cashews & fresh lime LC *Gfr DF VEGAN

Superpower Salad / 2450kJ

Avocado, beetroot, roasted nut mix, cherry tomatoes, cos lettuce, Spanish onion, carrot, fresh basil & extra virgin olive oil dressing LC *Gfr DF

FOR LIL' KIDS

Suggested for Kids 7 & under

Veggie Mini Me Pack / 2020kJ

Mini veggie burger with cheese & tomato sauce, mini chips & water or juice



Personalise your burger

Add any produce that takes your fancy. Some suggestions are:

Extra vegan "beef" pattie / \$5.0

Aged cheddar, brie cheese, vegan cheese / \$2.5

Free range egg, jalapeños / \$2.0

Charred pineapple, avocado, tasty cheese, vegan mayo / \$1.5

Beetroot, pickle / \$1.0

VEGGIE

Plant Based, Vegan & Preservative Free patties.

Garden Goodness / 2740kJ

Premium quality veggie pattie with beetroot, tasty cheese, avocado, salad, relish & herbed mayo *Gfr

Vegan Cheeseburger 2.0 / 2820kJ

Premium quality vegan "beef" pattie with Dijon mustard, pickle, vegan cheese, Spanish onion, tomato sauce & vegan mayo DF VEGAN

HOT CHIPS

Famous Grill'd Chips

Thick-cut & sprinkled with our signature herb mix.

Regular / 2580kJ Snack / 1590kJ

Sweet Potato Chips

Lightly seasoned with sea salt.

To Share / 2390kJ For One / 930kJ

Zucchini Chips

Lightly seasoned with sea salt.

To Share / 2670kJ For One / 1420kJ

Chip Dips

Herbed Mayo / 910kJ, Sweet Chilli Mayo / 890kJ, Chipotle Mayo / 890kJ, Tomato Relish / 150kJ DF

Chips Share Plate / 3960kJ

Famous Grill'd Chips + Sweet Potato Chips + Zucchini Chips. Served with a trio of chip dips; Herbed Mayo, Sweet Chilli Mayo & Chipotle Mayo

*GLUTEN INFO

To make a Gluten-friendly burger, choose a Gluten Free Bun or Low Carb SuperBun. Our Gluten-friendly options are suitable for people with a non-Coeliac gluten sensitivity. Gluten-friendly options may come into contact with traces of gluten when we prepare them. For Gluten-friendly, look for *Gfr.

VEGAN + DAIRY INFO

Our chips, veggie patties & buns are vegan (excluding the Low Carb SuperBun which contains egg). To make a vegan burger you'll need to avoid all mayo & cheese varieties (excluding vegan mayo & vegan cheese). For Dairy Free, look for DF.

The average adult daily energy intake is 8700kJ

Menu items, prices & nutrition info subject to change. Energy (kJ) stated for standard size burgers are based on a Traditional bun unless stated otherwise.